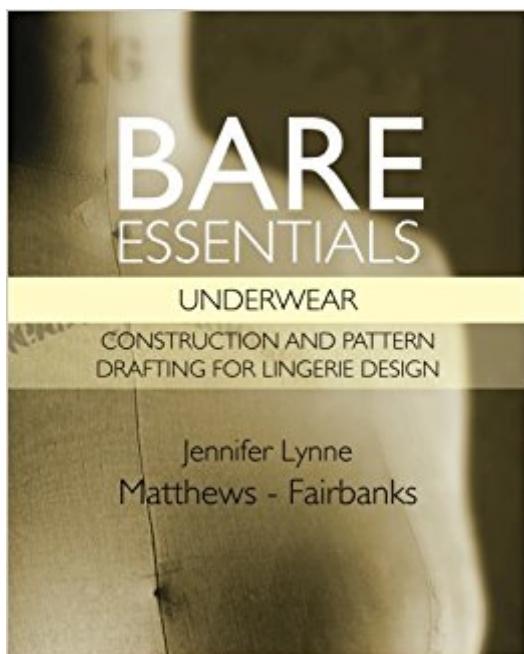


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# Bare Essentials: Underwear: Construction And Pattern Drafting For Lingerie Design



## **Synopsis**

The Bare Essentials series is an invaluable resource for anyone entering into the field of lingerie design. This volume summarizes the basics of underwear design, from sewing and construction to drafting and pattern grading; introducing these subjects in a manageable capacity. Bare Essentials is organized into three main sections based on the complexities of the information provided.

Included in this book are basic patterns for briefs and boyshorts. What you will learn:

- Construction methods using elastics and stretch fabrics
- Manipulation of basic patterns
- Pattern drafting from measurements
- Developing grade rules and grading patterns

## **Book Information**

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## **Customer Reviews**

I have only been sewing for a year and I am mostly self taught. I particularly enjoy sewing lingerie, but there is not a lot of information (or even patterns) for that. I was really hesitant buying this book because there were no reviews. I took a chance because the bra construction book in the series had excellent reviews. I don't regret my decision in the least. The book is split into three parts, Beginner, Intermediate, and Advanced. Patterns are provided in the back of the book that don't need to be enlarged. The beginner section talks about the tools one needs to draft patterns and to sew in general. Stitches are discussed and an introduction to fabrics as well as their anatomy (grains and such). My singer lingerie book goes into more details about this which I found essential. This book could go into more detail on fabrics. Measurement charts are provided in the metric and

imperial for everything which I found very nice. One thing I really enjoyed about this book was its introduction to stretch fabrics and how to work with them. It went over some basic information that was very helpful. I wish it went more in depth, but this book is not meant for learning all of those details. I wouldn't knock points off for that. The beginner section provides step by step instructions for making the patterns in the back of the book. If you don't like the location of the seams, an alternative step by step instruction guide is provided with just as much detail. These patterns include boy shorts, boy shorts without a side seam, wide lace boy shorts (instructions are shown to manipulate the pattern for this), classic briefs with a couple of different options for the crotch, and briefs without a front seam.

My girlfriend had me order this, so the following is her review: I bought this while crossing my fingers, because of a few reviewers stated this book was lacking when it came to drafting instructions. I couldn't disagree more. From this book I was able to draft a fitting briefs sloper on the first attempt using my own measurements. The drafting instructions do not have A to B, B to C, instructions as you often see, but they are still clearly written and can be followed with little confusion. The only time I had trouble understanding was when the high hip measurement was referred to simply as the hip measurement. This book includes two basic patterns to draft: boy-shorts (with seams for the gusset, sides, and front) and briefs (with seams for the gusset and sides only). There are also additional instructions to make modifications to the high-waisted slopers so that you can end up with more modern variations and styles. Pre-drafted patterns are also provided in the pattern for those who do not wish to make your own. The assembly instructions are basic, but it's difficult to do more for a garment that typically only has 3 to two to three inch seams. I would argue that since this book is meant to be the basic construction and drafting of undergarments that I wouldn't expect it to go much further into detail than it does. A lot of the more complicated processes of lingerie apply to both bras and panties, so perhaps a future book in the series will deal with construction only? There are pre-made stretch ratio tables, as well as instructions to calculate the information on your own.

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